PROGRESS REPORT JULY – DECEMBER 2020

GOOD SHEPHERD YOUTH WELFARE CENTER CHIANG RAI, THAILAND



TARGET GROUP



GIRLS 10-18 YEARS OLD

FROM ALL RELIGION AND NATIONALITIES

AT RISK OR SURVIVORS FROM ALL FORMS OF VIOLENCE, UNSAFE MIGRATION, HUMAN TRAFFICKING, LACK OF EDUCATION, POVERTY, DRUG PROBLEMS

NO PSYCHIATRIC SYMPTOMS THAT MAY HARM ONESELF AND OTHERS

NOT BEING ADDICTED TO DRUGS

ABLE TO TAKE CARE OF THEMSELVES

NO SERIOUS CONTAGIOUS DISEASE e.g. COVID

VISION

CHILDREN LIVE IN SAFE SOCIETY
WHERE THEIR RIGHTS AND DIGNITY ARE
RESPECTED

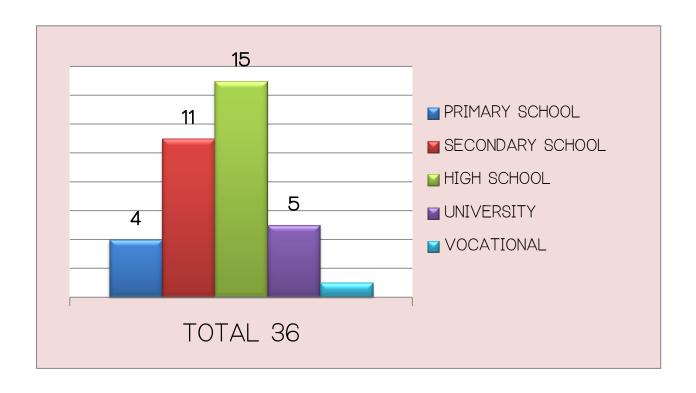




DETERMINED THAT ALL WHO COME TO US WILL EXPERIENCE THE COMPASSIONATE LOVE OF THE GOOD SHEPHERD WE PROVIDE...

- 1. SAFE SHELTER
- 2. COUNSELLING
- 3. EDUCATION
- 4. LIFE SKILLS

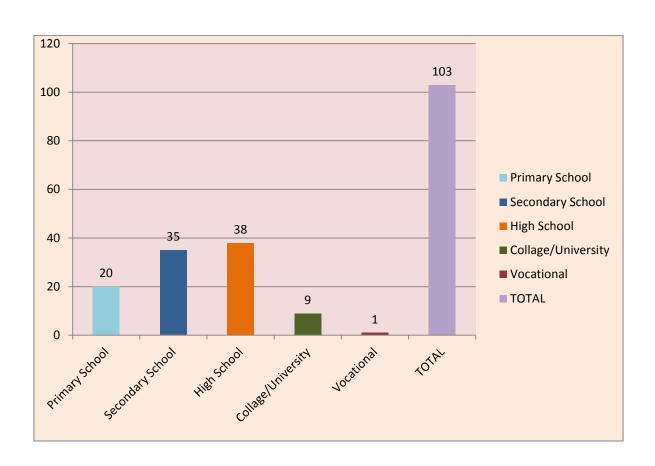
GIRLS LIVING AT GSYC (JANUARY – DECEMBER 2020)



	TRIBES
AKHA	18
MHONG	6
LAHU	6
THAIYAI	1
THAI	3
DARAUNG	2

THE TOTAL BENEFICIARIES OF THE GOOD SHEPHERD YOUTH WELFARE CENTER 2020

- At present we have 103 children under our care
- who are from 53 villages.
- They are studying at 23 Education Institutions



MID - TERM EXAM at GSYC

The MID-TERM EXAM was held on 17th August 2020 at Good Shepherd Youth Welfare Center. The Non-Formal Education Department sent their representative to witness this event.





SEXUALLY TRANSMITTED DISEASES & PREVENTION

On November 30th, 2020 we invited nurses from Phan Hospital to come and teach the girls about Sexually Transmitted Diseases and its Prevention



THE NEW THEORY AGRICULTURE & SELF SUFFICIENCY

Every Monday we provide the students with input on The New Theory Agriculture and Self Sufficiency introduced to us by Our late King Rama the ninth. The main purpose of the New Theory Agriculture is to make farmers more self-reliant through a holistic management of their land, while living harmoniously with nature and within society.

The complete New Theory Agriculture has three stages;

- Sufficiency at the household level
- Sufficiency at the community level and
- Sufficiency at the national level



MUSHROOM CULTIVATION

As part of the Agriculture lesson, we teach the students how to cultivate mushrooms. The girls learn how to grow, cultivate, and cook. They also learn how to preserve mushroom to keep them for long term consumption. We started this lesson on July $16^{\rm th}$. 2020









INVESTMENT & INCOME GENERATING

The project started in July 2020. It was conducted to provide an



opportunity for the girls to learn how to manage small. businesses income. We generate divided them into three groups and gave each group a small sum of money for them to invest. The girls learned to plan what items to cook for sale. try new menu. original tribal menu, the needs of the customer,

how to work as a team. how to take risks and how to promote sales. In the beginning, they were afraid of losing the capital we had given them. However, with the encouragement that was given to them to proceed, they managed to handle the challenges in the business. After 5 months of the project all three groups were able to give back the capital given to them and they also had some amount to continue their small project despite sharing profits from time to time during this period. They are very happy and proud of themselves.



PARTICIPATION IN THE ACTIVITIES ORGANIZED IN THE VILLAGE – ARRANGING FLOWERS

On September 15th, 2020 three girls, Mhee Yee, Ahmee, and Sutida from GSYC participated in a learning activity organized by the village on "Arranging flowers". Now, whenever we have functions, these three girls are able to take care of flowers decorations.





PARTICIPATION IN THE ACTIVITIES ORGANIZED IN THE VILLAGE – SEMINAR ON HEALTH CARE

On August 7th, 2020 all the girls from GSYC participated in the seminar

on "Liver Cancer, Bile Duct Cancer,
Helminth leaves in the liver and
prevention" conducted by public health
personnel. This session encouraged the
girls to be careful of what they eat and to
give importance to cleanliness when
they cook.





SOCIAL AND RELIGION ACTIVITIES

THE GOOD SHEPHERD YOUTH WELFARE CENTER SUPPORTS THE RELIGIONS PRACTICES OF ALL FAITHS.

In July 2020, the students participated in the Buddhist Lent religious activity at Wat Kirimonkon, Charoenmuang, Phan, Chiang Rai. Prior to that they volunteered to clean the temple in preparation for the big day.



It has been in our Catholic tradition for our parish to pray the rosary in our families. This includes our big family of GSYC. On the night of October 7th, 2020 There were around 150 people praying rosary for all at GSYC. The priest also blessed a picture of Our Lady. This picture was an initiative of the students who embroidered it as part of their studies. The students presented it to GSYC as a souvenir from their group.





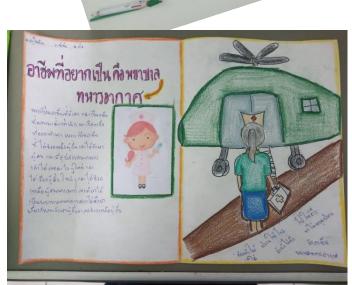


EMPOWERMENT AND DREAM FOR THE FUTURE

In order to encourage the students to study and to discover their potential and interests, Sr.Supapawn organized a session on "My Dream in which the students participated in a game on *Occupations I know*. The students had chance



to explore different occupations through which it is possible to make a living. They were then given time to reflect on their interests and potential. Pictures of some occupations were given to them. And finally, they chose an occupation that they dreamed of following in the future and expressing it through pictures.



FIRE AND FIRST AID

It is compulsory for all social welfare centers to practice "fire and first aid" drills twice a year. For the second drill this year we collaborated with 3 organizations with expertise in this area, namely, Phan Hospital, Phan Ruemjai Association and Charoenmuang Rescue. This session was held at GSYC on November 23rd, 2020. The session



started at 8.00 a.m. with input on First Aid, different types of fires and different type of chemical boxes. It was conducted by nurses and rescuers. All

participants had chance to practice first aid as well. In the afternoon there was time for practice on how to stop fires, how to escape and how to help others by giving first aid etc. Later, the premises were checked for safety, especially the fire-escapes. It was noted that it was not easy for girls to climb the fire-escape at the third-floor of



the building. We are planning with experts to see how it could be improved. Generally, all of us who stay here felt safe and confident to cope with any incident should it happen.













OUTREACH TO VILLAGES

On July 2nd, 2020 we heard of a thirteen-year old girl, had just completed her



primary school level and who is at risk of being a victim of domestic violence. We went to visit her family.

This is her story: Napa (not her real name) is living with a younger sister, her mother and stepfather. Her two younger sisters are living in a shelter in Mae Jan. These two girls will come home during the school

holidays. There is an older step sister and an older brother who live in Myanmar. All the children are from Napa's mother. Napa's mother doesn't know Thai. There are no children from her mother and this present stepfather. Both her mother and stepfather are very good workers. They grow persimmon and accept daily employment etc. Their house is made of bamboo walls, zinc roof and earthen ground. There is something like a big table made of bamboo stretching from the front of the house to the back of the house that they use for beds. A piece of cloth hangs in the middle to separate the parents' bed from children's beds. Unfortunately, the stepfather drinks a lot and whenever he gets drunk

anything could happen. At times there are fights with Napa's mother and sometimes he beats her until she becomes unconscious. Often the mother runs away leaving the children at home with stepfather. With the consent of both mother and stepfather, witnessed by the head of the village, we took Napa under our care at GSYC. She was first enrolled in sewing classes for 3 months and is now studying at secondary school level.



OUTREACH - FOLLOW UP



On November 27th, 2020 Dr. Puchong Senanuch Assistant Professor from Faculty of Social Work, Thammasat University and his assistant came with us to Lahu village to visit two girls who had been with us and left us last year. They are now studying in the school near to their family. The two girls came to stay with us after their father was arrested and put into prison. Now he is out of prison and is doing well as a daily paid worker. The family need a motorbike for the girls to go to school which is 5.3 k.m. away from home. It is an area of high mountains and there is no public transport. We went to visit and see if we could make recommendations for them to get some assistance for this matter. They were planning to buy a second hand motorbike to replace the old

one that was really old. And a few days before the purchase the motorbike had broken down and the exhaust pipe on the bike had burst. This helped them become aware of the danger of second hand motorbikes, especially if the motorbike is of a poor condition. The family then decided to get a new one by installment payments. Sr. Supapawn helped to calculate for them how much it would be a total cost buying by installments compared with buying cash (payment within 3 months). The family saw that there was a big difference in price, and so they decided to borrow some money from their relatives and buy cash. We managed to get a friend to pay for them a one – fifth of the cost of the motorbike. They are very happy with their decision and with the new motorbike.



On July 20th, 2020 we went to visit our past students who are now studying at Xavier Leaning Center. This is a program for a bachelor's degree run by Jesuit priests. On this occasion, we also updated information for our students who are completing their high school in March 2021 interested to continue their studies at this place.



PREPARING FOR SECOND DISTRIBUTION OF **SPONSORSHIPS**

In the month of October, we had our meetings with schools and visited the students who received our sponsorship in order to update the situation of the students and family and to confirm the payment of the second distribution to them.



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THE SECOND DISTRIBUTION OF THE SPONSORSHIPS & CHRISTMAS CELEBRATION

The second distribution of the sponsorship was held on December 18th 2020. This time the chief of Phan District was invited to hand out the sponsorship to the students. The director of local public health and leaders of villages, teachers and parents of the children participated in the event.

Christmas gifts also were distributed to each of the students by Sr.Supapawn and Sr.Suphatra. This year there were many sponsors who contributed towards the gifts for the students. The nativity scene was performed by the students from GSYC, The students from other schools performed dances. Everyone enjoy the raffles. Food, ice cream and snacks were provided for all. The new normal of having to wear mask in public was observed by all of us throughout the day.





VISIT OF THE LEADER OF THE GOOD SHEPHERD THAILAND

In order to ensure that the services provided by all sites of the Good Shepherd Sisters in Thailand really respond to the needs of the target groups and to maintain standards, Sr.Jiemjit, the leader of the Good Shepherd Thailand visited us.







EVALUATION & MONITORING

CHILD PROTECTION AND CHILD SAFEGUARDING

In order to ensure that all children who are served by the Good Shepherd Sisters are in a safe environment and receive good care, the Good Shepherd Sisters in Thailand organized an Evaluation and Monitoring on Child Protection and Child Safeguarding on all projects for children which are run by Good Shepherd Sisters. This activity was conducted by Assistant professor Dr.Puchong Senanuch from the Faculty of Social Work, Thammasat University on 26th and 27th November, 2020. The evaluation for the last project run by the Good Shepherd Sisters was held few days ago. We haven't received the official report of the evaluation yet. However, one of the comments from Dr.Puchong that made us at GSYC felt so proud and very happy was.. "better than the standard"



REPORTING IN CASE OF ABUSE WITHIN ORGANIZATION

The Good Shepherd Sisters who are present in 72 countries around the world have set up a committee for Child Protection and Child Safeguarding at all levels. A Child-friendly poster is made and posted in many places at each Good Shepherd place. We also introduce a "focal point" person to the children so that they know who they can go to, and what they should do if there was any case of abuse in the organization.



Sr.Supapawn presented the poster to the Government Inspectors



Teachers ensured that the studetns understand the message in the poster

CAPACITY BUILDING FOR PERSONALE

A SEMINAR ON CHILD SAFEGUARDING & BRAIN-STORM TO DEVELOP TOOLS TO RAISE AWARENESS IN THE COMMUNITY

This seminar was held on the 6th to 9th of August, 2020 in Bangkok for personnel of Good Shepherd Thailand. Miss Arunee, Miss Angkana and Sr.Supapawn from GSYC participated in this seminar. The seminar aimed to deepen our awareness on child safeguarding as well as to strengthen our network within the organization and to develop tools to raise awareness in the





ONLINE WORKSHOP ON CASE MANAGEMENT

A virtual workshop on Case Management was organized for sisters and staff of the Good Shepherd in order to keep up to the standard of social work on Case Management. It was conducted through three online sessions during the month of October. However, the participants had to do the homework by bringing our real cases and our present situation into the lessons. Sr.Jintana, a licensed social worker, conducted this workshop. The workshop helped us to develop a clear policy on our target group, plan how to manage each case that comes to us, and to determine what service we should provide for each one etc. It helped us to be more confident and have clear direction for our services to the children, especially for those who need special care and healing.



A SESSION ON MONITORING & EVALUATION

In order to make sure that we work according to the plan we have made. A session on Monitoring and Evaluation was organized on 31st of October to 1st of November 2020 in Bangkok for all projects run by the Good Shepherd Sisters in Thailand. Two staff members: Miss Panneekan and Miss Angkana from GSYC participated in this session









TRAINING OF TRAINERS FOR CHILD SAFEGUARDING AWARENESS

We had a follow up to a seminar on Child Safeguarding which was held in August. The aim was to train our personnel to be facilitators for Child Safeguarding Awareness in the community and schools. All of our staff from GSYC attended this session. It was held in Phuket on 4-6 December 2020.



INSPECTION FROM SOCIAL WELFARE DEPARTMENT IN CHIANG RAI

On December 23rd, 2020 inspectors from Social Welfare Department in Chiang Rai and their team which comprised personnel from the Social Welfare Department, the Bailiff, Leader of sub-district administrative organization, Director of local public health, Public health scholars, Architect, and village leaders came to inspect GSYC in order to grant the renewal of permission to operate as Social Welfare Center for Children. The renewal has to be done yearly. The normal procedure is to inspect the safety and cleanliness of the premises, check the case files of the children, check the files of all personnel, check the plan of the buildings, read the progress report and conduct interviews. Everything went well and we heard a few comments that really encouraged us,...

- "I feel at home when I come here"
- "As I enter the gate, I know there is no need to inspect anything"



RE-UNION

In June, 2020 we received a phone call from a foundation which takes care of children. They asked if we could take a girl to stay and study at GSYC. This girl was given to them when she was about three years old. Her mother was dying of HIV/AIDS. Since then she has never met or had any contact with her mother. She believed that she was an orphan. Whenever the other children in that foundation went back home, she would be

About a month before she came to GSYC, the foundation found the address of her mother and found out that her mother is still alive. When the girl came to us. We contacted the mother. The girl was delighted to know that her mother is still alive. Somehow, after

the only one girl left in the institute.

talking to the mother a few times we felt the reluctance from the mother to meet her daughter. She refused to accept the girl to be friend - neither on Facebook nor on Line. She postponed coming to meet her daughter many times. We made an effort to encourage the mother and make sure that the meeting would go well, and to assure her that her daughter is very happy to know that she is alive and understands why mother had to give her to the foundation etc.

As I am writing this report the girl has gone to celebrate Christmas and New Year with her mother and family. We all are very happy to be a part of this beautiful story.

Thank you very much for your generous support to our mission which provides mainly safe shelter, education and psychological healing where the rights and dignity of children are respected.

"Gratitude is the memory of the heart" St.M.Euphrasia, founder of the Good Shepherd Sisters

Prepared by Sr.Supapawn Chotiphon Director

