

PROGRESS REPORT

July to December 2021

**GOOD SHEPHERD YOUTH WELFARE CENTER
CHIANG RAI, THAILAND**



TARGET GROUP



GIRLS 10-18 YEARS OLD

FROM ALL RELIGION AND NATIONALITIES

AT RISK OR SURVIVORS FROM ALL FORMS OF VIOLENCE, UNSAFE
MIGRATION, HUMAN TRAFFICKING, LACK OF EDUCATION, POVERTY,
DRUG PROBLEMS

NO PSYCHIATRIC SYMPTOMS THAT MAY HARM ONESELF AND OTHERS

NOT BEING ADDICTED TO DRUGS

ABLE TO TAKE CARE OF THEMSELVES

NO SERIOUS CONTAGIOUS DISEASE e.g. COVID-19

VISION

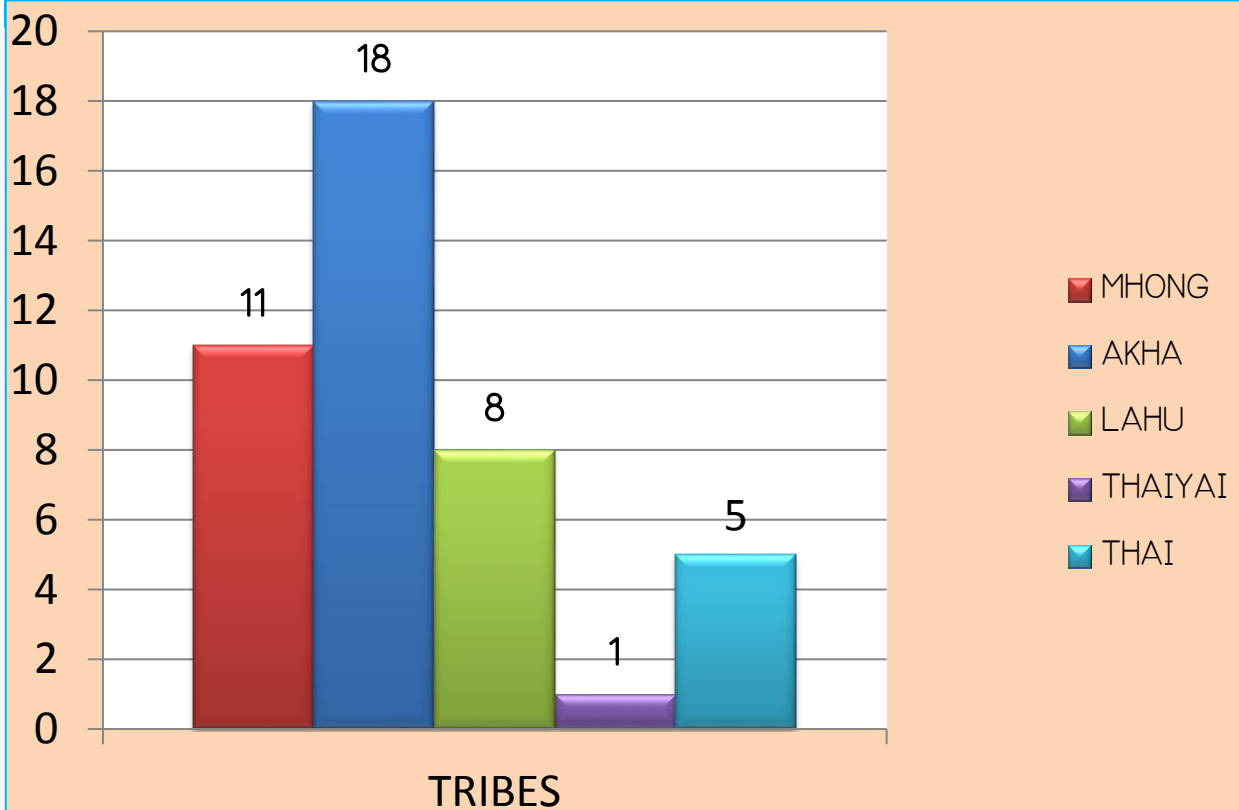
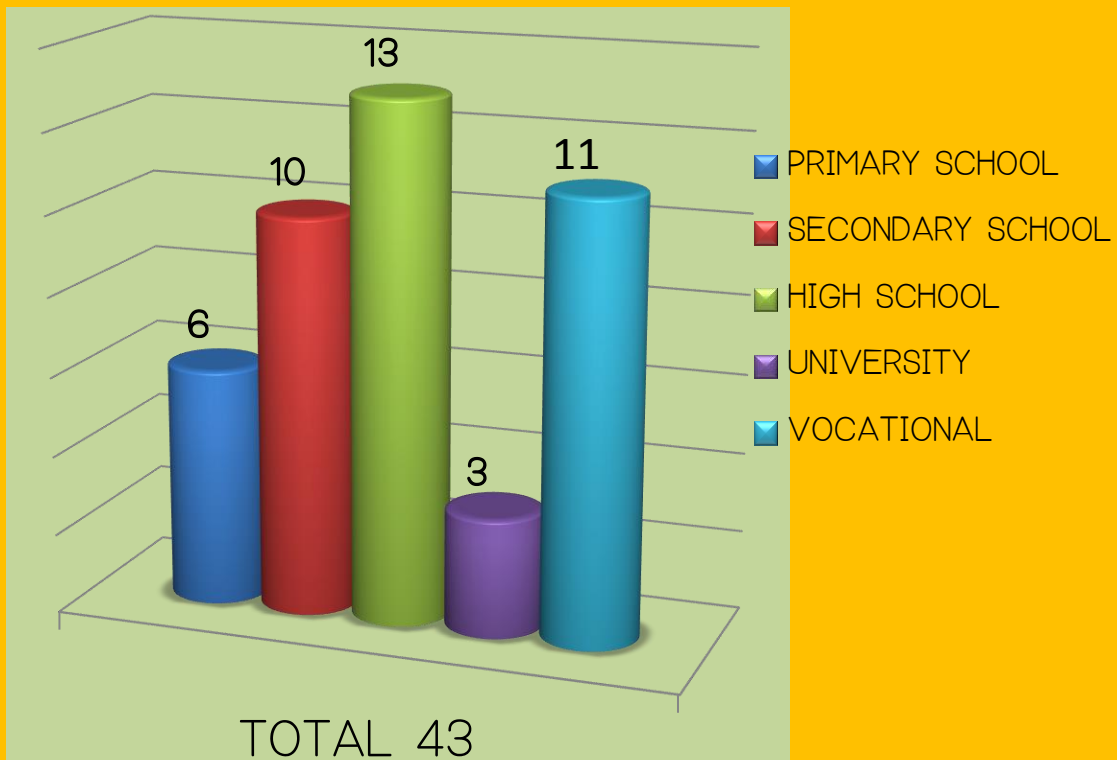
CHILDREN LIVE IN SAFE SOCIETY
WHERE THEIR RIGHTS AND DIGNITY
ARE RESPECTED



DETERMINED THAT ALL WHO COME TO US WILL EXPERIENCE THE
COMPASSIONATE LOVE OF THE GOOD SHEPHERD
WE PROVIDE...

1. SAFE SHELTER
2. EDUCATION
3. COUNSELLING
4. LIFE SKILLS

GIRLS LIVING AT GSYC (January – December 2021)

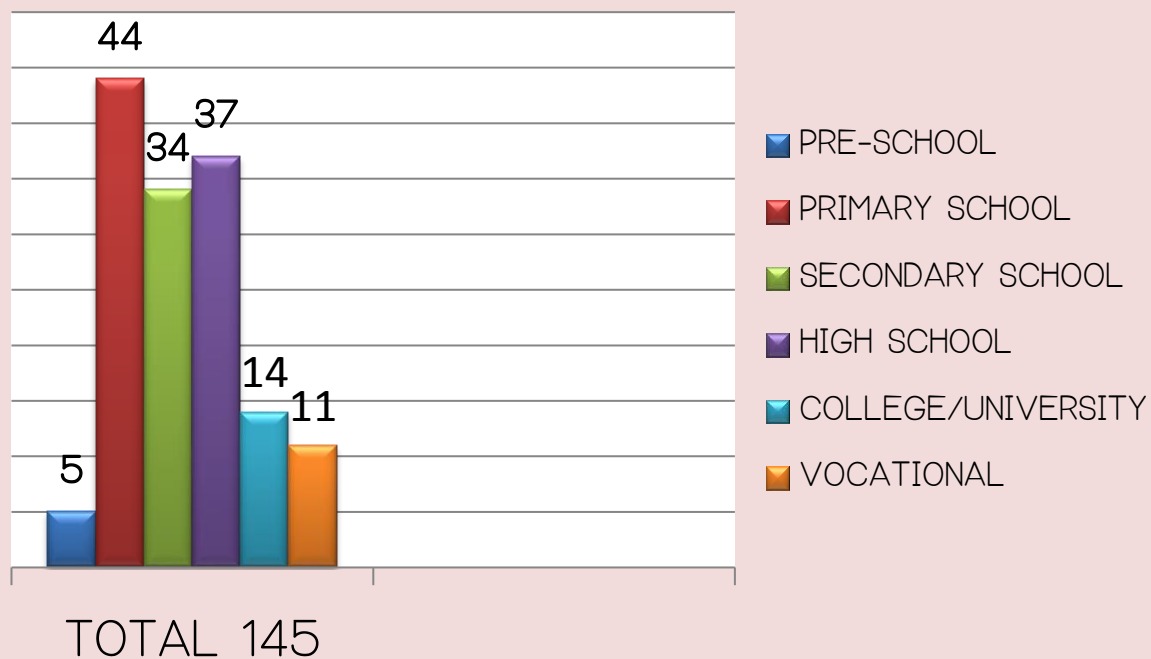


**THE TOTAL STUDENTS BENEFICIARIES OF
THE GOOD SHEPHERD YOUTH WELFARE CENTER
January – December 2021**

from 72 villages
6 provinces.

145 Students received
our services

Now studying at 29
Education Institutions



Home Sweet Home

At the beginning of the school year in May. The girls went through an activity to create their own schedule and rules for the house. The activity was themed "Home Sweet Home". They now have a board with the caption "Home Sweet Home", where they put the photos of every one in our shelter, reminding them of how they wish to live together with love and harmony.



CHILD PROTECTION

On three occasions (July 17th, July 31st, and August 6th, 2021) we organized seminars on topics related to Child Protection. Seminar and Virtual seminars on Child Protection with Emphasis on Law and our Child Safeguarding Policy.

Seminars with input and discussions on the law and our Child Safeguarding Policy were organized for the girls. The participants were given the opportunity to discuss and



debate their understanding and opinions as individuals and as groups in order to deepen their awareness on the issue. Input on how to protect themselves from sexual abuse was also provided. An interesting incident happened at one of the seminars. One of our teachers brought her 5-year old daughter with

her and left her to move around the meeting hall during the session. In the evening, the daughter while pointing to a part of her body, told her mother, "Mom, this is my private place where no one can touch." The little girl learnt something important from the seminar which we had provided to the teenagers in our shelter.





COVID-19 AWARENESS

The Covid-19 situation is still going on. We participated in a seminar on prevention of Covid-19 facilitated by the Local Public Health at village meeting place. The students received updated situation on Covid-19 and became more aware of the seriousness of the virus.



We contributed some food to two villages and pass on some rice and snacks from the rice-mill to a shelter who were on locked down because some of their members were found with Covid positive.



COOKING

During the past 6 months, from July to December 2021, there were classes on cooking facilitated by a teacher from Non-Formal Education Department. We learnt how to cook a variety of Thai food, including various kinds of Chilly pastes and Thai snacks. On holidays, any student who is interested in cooking is allowed to cook their favourite food. Our cooking also extends to cooking food for sale. We look for opportunities to sell our food. Once a week, when we cook special food for our girls, we will cook extra for sale. We also cooked food for sale on the first day of Buddhist Lent, when people buy food to offer to the monks. This food sold very well but we did not get any profit because it took so much time to do, and we sold them very cheap. However, it was a good learning experience for all of us: learning to cook, learning team work and learning how to sell online.



Thai traditional way of
scraping coconut

Learning how to wrap food
with banana leaves.



Cooking various Chili Pastes and Thai Sausage



Tryout on small portion, cook their favorite food.



THE TEACHING OF KING RAMA THE 9th .

On October 13, 2021, the anniversary of the death of our late King Rama the 9th, we received a poster on the teachings of the king online and so we used it to teach our students. The students completed a jigsaw puzzle activity based on the teachings, and chose at least one of the teachings that they intended to put into practice. The teachings have been translated to convey the general meaning. It is not a word by word translation. The teachings are as follows:

The teaching of our Late King Rama the 9th.

1. Perseverance - Self-development requires perseverance, sacrifice and determination.
2. Sufficiency - To enhance one's social status is a gradual process. One need to be prudent and know one's own capacity.
3. Self-awareness - Self-awareness helps people to be disciplined. Self-discipline helps people to study and work well and accurately. It brings success and prosperity to oneself and to the community.
4. Give and Take - We should be both the Giver and the Receiver.
5. Be gentle but not weak - Be ready to sacrifice one's benefits for the good of all.
6. Speak seriously - Be firm in your words, act on what you say and it will bring you success.
7. Books are savings - Books are important. They are a bank of knowledge.
8. Honesty - Honesty is the essential foundation of all goodness.
9. Self-Conquest- Be courageous and confident in doing what is good, right and righteous.



OUTREACH to VILLAGES

Networking with the heads of the villages and schools to visit poor children, children at risk or child victims of violence who need help.

Before going to the villages, we contacted the head of the villages who would lead us to visit our target groups. We found that many families do not have mosquito nets. They light mosquito repellent coils at night. The houses generally have earthen floors, bamboo walls and galvanized roofs.



Four of the eight children in the family.

One of the families we visited had 8 children and 2 adults living in the house.

Onya (supposed name) is a single mother. She has three children. She lives with her three children, two younger sisters (from her mother and step-father), a girl and boy who are children of her sister, and another boy who is her brother's son. The ages of the children range from 2 weeks to 11 years old. The house where they live has one-room for all purposes, and includes the kitchen and a bed.

The bed is made of bamboo, and is one foot above the earthen floor. All sleep on that one bed. The step-father also lives in this house. They earn their living by working in the field and taking daily paid jobs. They do their best to earn enough to feed all in the family. They also send some money to their mother and brother who are in prison. We are looking for someone to give them some support.



We met two teenage girls who completed their secondary school in March 2021. Their friends have gone on to continue their studies in the schools outside the village. The parents of these two are not able to support them to continue schooling. One of them is the second child in a family of 5 children. The father has died. The older brother is working as a daily paid worker to support family. The mother works in the farm and also works as a daily paid worker. The house, just like Onya's which was mentioned earlier, has one all purpose room. The two girls were excited to hear about our shelter, and wished that they could come to be with us and continue their studies.



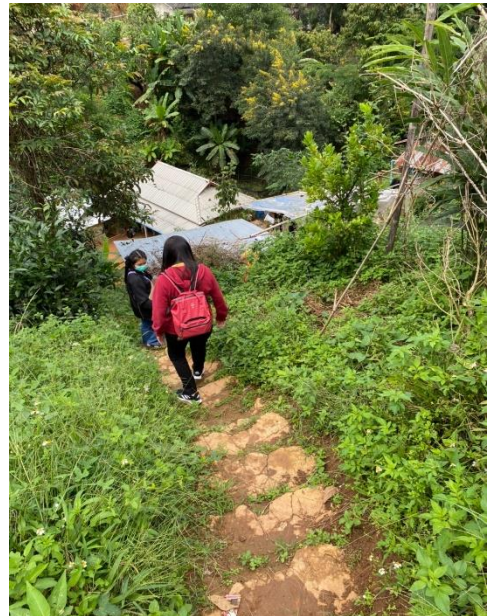
Grand-father printed his finger on document, giving consent for his niece to stay with us.



We always have some food and snack to distribute to children and poor family in the villages.



Ups and downs the mountain, beautiful scenery and fresh air.



AGRICULTURE

Most of the girls in our shelter come from very poor backgrounds. They choose to enroll in the Non-Formal Education System for various reasons:

1. They come from families with a farming/agriculture background. The Non-Formal Education provides them with livelihood skills in agriculture.
2. They will complete their high school faster, which means that they can begin earn to help their families earlier when compared to studying at the normal school.
3. They are too old to study in a normal school. Some of them are from Myanmar. They have to learn how to speak and also to read and write Thai at our shelter.
4. They are not academically inclined and are therefore not good at studies. They prefer studying subjects that are more practical than theoretical.
5. Considering their situation, they require close supervision which we can provide at our center through the classes taught by our staff.

We provide opportunities for students to learn skills they can implement in their daily life. The students can choose agriculture related subjects to get credit for their studies. The unstable and unpredictable situation caused by the Covid-19 pandemic leads us to be concerned about our food sustainability. What would happen if one of the girls in our shelter tested Covid positive and none of us could go out to the market? Or what would happen when someone in the market tested Covid positive and we can't go there to buy food? Based on these concerns the girls took the initiative to raise chickens for eggs, mushrooms, frogs and fish.



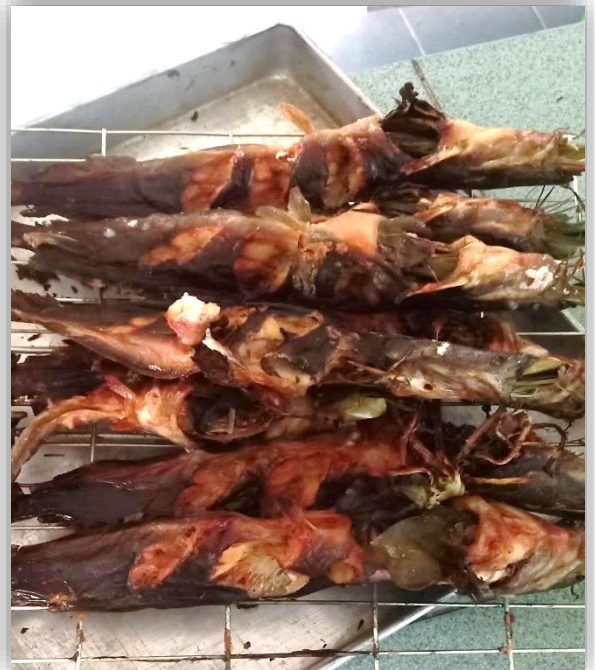
Mushrooms grow very fast. After cultivating them for only 4 days we managed to harvest 5.5 Kg. This was more than we could eat, and we sold the surplus. The income from this project was more than the original investment.



FROGS: We undertook a frog farming activity, starting with 100 frogs. The frogs grow at different rates and some grew very big. Some were eaten and we also sold them. From this experience, we learn when we should start raising frog because there is time when the frog goes on "retreat and doesn't eat anything". The girls need to change the water regularly. Each time we change the water we can't empty the tank because if there is no water, the frog will start biting each other. It is a good learning. We gained a little profit from this project.



FISH : We bought 300 very small fish, size 1.5 inches and raised them in our small tank in the compound. The fish have grown big and we started eating them on New Year Day.



Chickens: 35 days after we began raising 30 chickens they started laying eggs. On the first day we had 2 eggs: one was very big with two yolks inside and the other one was a smaller. The number and size of eggs has been increasing and now all the chickens lay eggs every day. The eggs are as big as the biggest eggs sold in the market. Our dream came true: eggs are on the menu every day. Along with that, there were 4 chickens which became sick at different times and with different kinds of sicknesses. With the supervision of the teachers, the girls learnt how to observe and take care of them. Unfortunately, our watchdog managed to get into the chicken house and kill the chickens. We were very surprised to see the dog inside the chicken house since the door was closed and locked. Eventually we found out that the dog had entered through the door between the chicken house and the mushroom house, which was made of straw. The straw was soft and so the dog could squeeze himself through. Everyone was very sad. We (the students and staff) had a meeting where we discussed and evaluated this project. All could see the benefits of the project. The girls learnt by doing, and we had the eggs on the menu without having to buy them. We decided to raise chickens again. This time we will build a stronger chicken house to keep them safe from that watchdog.



The first chicken house



Cutting bamboos to make second rare of the chicken house to prevent it from the dog.



First two eggs



PSYCHOLOGICAL EMPOWERMENT

Various activities were organized to empower the students. These pictures show the students writing down the strengths and positive qualities of each other. Awareness of these positive qualities would help to empower the student when she faces difficulties, discouragement, and when she is feeling down. We encouraged peer - to- peer support.



One of the activities for psychological support and healing is for the girls to write their genograms. From this activity the girl realizes who their supporters are when they need help. Making one's own timeline from birth also helps them recall the important positive incidents in their lives, and helps them to cherish these happy events as a source of strength. This activity can also be a healing of past experiences that may not emerge in counselling psychology provided to them.



STOP VIOLENCE AGAINST WOMEN AND CHILDREN

Activities to Stop Violence Against Women and Children were organized along the year in order to raise awareness, to stop violence against women and children and empower them to prevent themselves.



DISTRIBUTION OF SPONSORSHIP

The plan to distribute the scholarships had to be postponed many times because of the Covid-19 situation. In the end we decided to do it the same way as we did the last time. We went to schools which we (GSYC and School) considered appropriate. Some students came in small group to our place to receive the sponsorships, while others students received their sponsorships by transferring the money into their bank accounts. There are also some students who receive sponsorship money on a monthly basis.





VISITING TO UNIVERSITY

This year seven students will complete their high school and two will complete a one-year sewing course in March. We took these students and students within our network to visit the university where they are interested in furthering their studies. We met our past students who is studying there. They are doing very well. And one of them is going to complete her university level taking only three and half year in stead of normal four years. We are very proud of them.



all.



BUDDHIST LENT

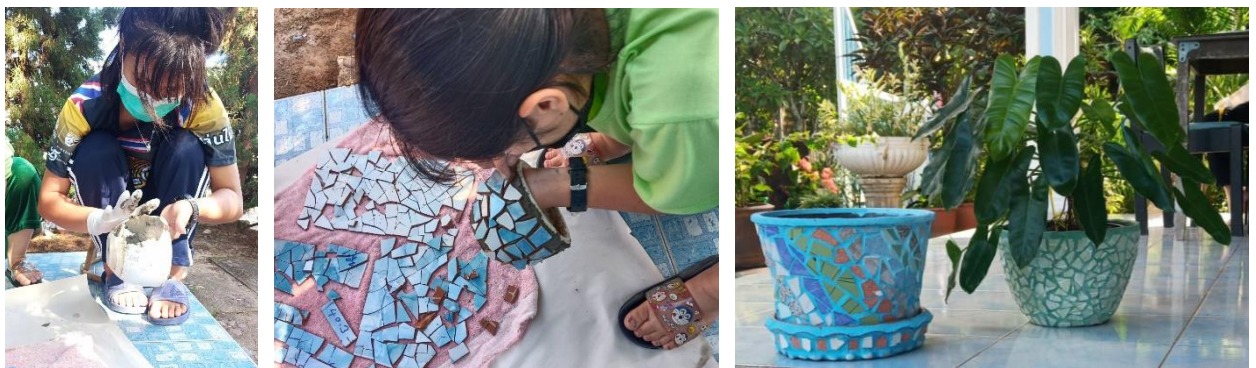


July 2021, At Wat Kirimonkon, Charoenmuang, Phan, Chiang Rai the nearest temple to our center the students went to clean the temple to prepare for the first day of Lent when people would go for religious practice. Our students also participated in that event.



STUDENTS' PROJECTS and THE IMPLEMENTATION

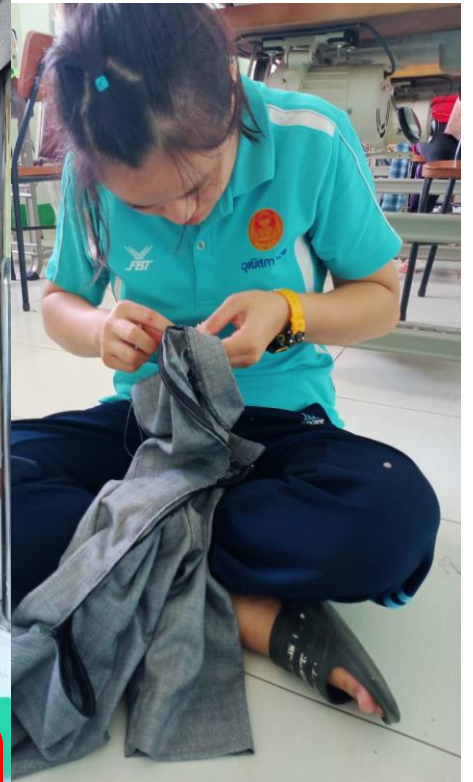
One of the projects that the students created was to make plant pots decoration from left-over tiles.



After the exam, they implemented their skills by repairing our kitchen wall. The damp had damaged the wall, we painted on it many times but the color still came out. At the end, the students repaired that wall by using the left-over tiles as shown in the picture.



PICTURES FROM CLASSES



Dresses made by themselves





RECREATION & SPORTS



Collecting Lotus and local vegetables in the rice field.

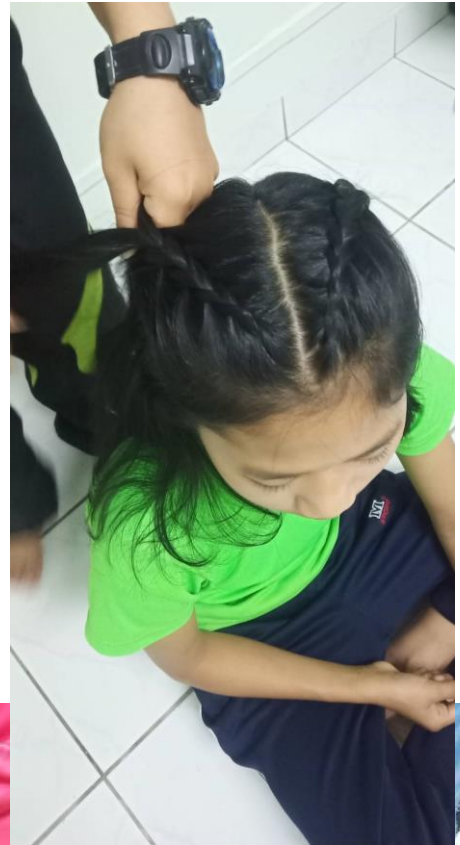


Outing with no cost. Riding bicycles
around the field in the villages.





Embroidered tribal customs for themselves and family members.



Braiding for each other

CHRISTMAS CELEBRATION

Covid-19 had still influenced our life. We had Christmas Celebration only among the students who live in our center and staff. All girls were so happy to have the food they like. They also were lucky to get gifts from many generous donors.

In preparation for Christmas, the meaning of Christmas was introduced to the students. We invited all to prepare ourselves for the coming of the Holy Infant Jesus into our hearts. As for the non-Christian we invited them to welcome the Goodness or their God to come to their hearts. Just like a mother preparing a place for her baby who is to come. She has to first "clean" the place and second gets "all necessary items" for her baby. So for us, we prepare our hearts by eliminating any negative acts and doing good deeds. And any time we do this we would put on one paper-Christmas-decoration to the Christmas tree, near to the crib. On Christmas Day, we burnt these papers offering them to the Holy Infant Jesus/God with a small ritual.



Our students drew animals to decorate the crib. We also shared them to decorate the crib at our Parish.





Many Christmas decorations were made. A snowman came with a mask too.



A week before Christmas, we sent two Santa Clauses, snowman, animals etc. to the parish. At the same time, without planning, a family brought a white picture-frame. The Objects from two places fitted together very well.



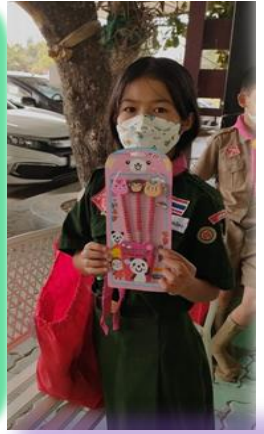


Christmas Party



Took parts at Christmas Play at the Parish





After Christmas Party we went around some villages where no news about Covid positive to distribute rice, blankets and snack to 25 poor families

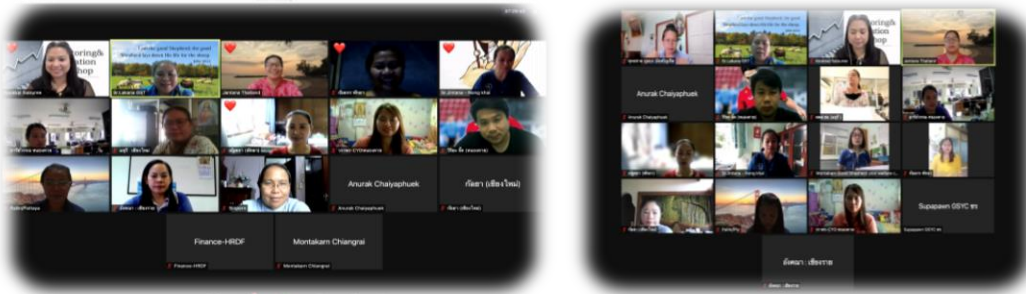


STAFF TRAINING

August 27, 2021

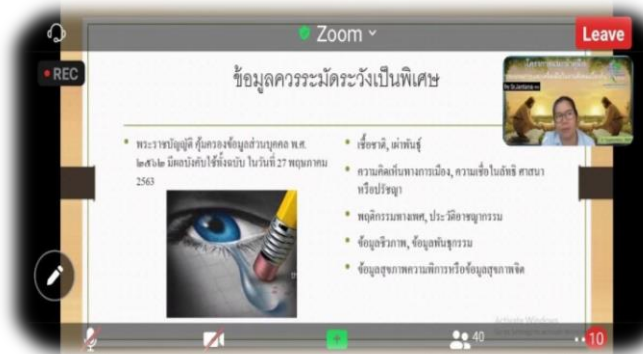
Virtual Seminar on Data Collecting and Data collection System.

This virtual seminar was organized to help staff to know how to choose the data, how to collect data systemically and effectively.



August 31st and September 1st, 2021

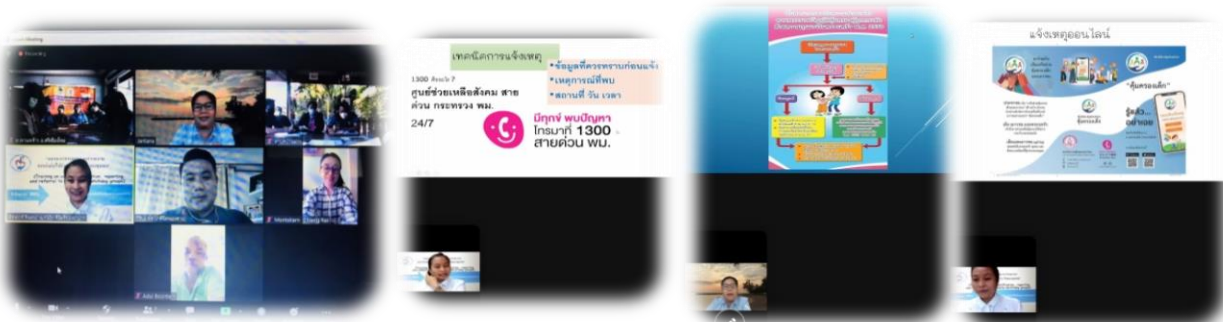
Virtual Seminar on Advance Case Management, facilitated by Professor Doctor Nuchanart Eutangoh, Dean of the Faculty of Social Science Huachiew Chalermprakiet University, Sr.Jintana Phimasan and Sr. Jantana Janthorn. From this seminar we learn how to observe when we go outreach to the villages, whom we should interview, what information and data we should collect etc.



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September 3rd, 2021

Virtual Seminar on "The Community Watchdog on Domestic Violence and Violence in the Community". This seminar was facilitated by Sr.Jintana Phimasan and her team.



September 8th -9th, 2021
Virtual Seminar, "Networking among Children Social Welfare Center"
 Organized by Social Development and Human Security Department



September 22nd, 2021
Participated in "Dialogue on Non-Formal Education"
 Non- Formal-Education is an option for children at the margin of society and children dropped out from school because of Covid situation and children who has no identity card and non-Thai citizen.



September 25-26, 2021
Virtual Workshop on " Basic Counseling Caregiver"

All staff participated at this virtual workshop. They found that it was very helpful especially when they talked to the students. It helped them to listen in a deeper level and understand the students better.



September 28th 2021
Virtual Workshop on "Basic Cognitive Behavior Therapy"
 This virtual workshop was a continuation of the Basic Counseling. It helped the participants to build relationship with students for better service provided to the students, using the Cognitive Behavior Therapy frame work.

October 12,14, 19, 21, 26, 28 and November 2 and 4, 2021

Virtual Workshop on "Proposal Writing Training"

Organized by the Good Shepherd Thailand.

ตัวอย่าง Problem Tree: Sample

Training Objectives
วัตถุประสงค์การอบรม

Participants will:

- Learn more about "Problem Tree"
- Learn how to do fundraising and online advocacy campaign

ผู้เข้าอบรมจะได้เรียนรู้เกี่ยวกับ

- Problem Tree**
- การระดมทุนและการจัดโครงการรณรงค์ออนไลน์

กองทุนเอกอัครราชทูตสหรัฐ เพื่อการอนุรักษ์วัฒนธรรม (AFCP) 2019

ข้อมูลและรายละเอียดของโครงการ

ข้อมูลและรายละเอียดของโครงการ

ข้อมูลเบื้องต้นเกี่ยวกับโครงการ รวบรวมข้อมูล วิเคราะห์โครงการ จัดตั้งกองทุน AFCP

ข้อมูลผู้สนับสนุนโครงการ รวมถึงชื่อองค์กร ที่อยู่ โทรศัพท์ โทรสาร อีเมล เว็บไซต์ (หมายเลข DUNS และสถานะการลงทะเบียน SAM)

ค่าสมาชิก ๕,๐๐๐ บาท

ติดต่อโครงการ

Good Shepherd Thailand organized a virtual workshop on "Proposal Writing Training" in Thai for the staff at all sites in Thailand. The staff learnt how to trace the real situation and needs of our target groups. It helped us to design the services which we would provide to the poor and those in need. We also learned how to do fundraising and online advocacy campaign.

XXXXXXXXXXXXXXXXXX

Thank you very much for your generous support to our mission which provides mainly safe shelter, education and psychological healing where the rights and dignity of children are respected.

" Gratitude is the memory of the heart"
St.M.Euphrasia, founder of the Good Shepherd Sisters

Sr.Supapawn Chotiphon
Director

